

My Doctor Details

GP Name:

Phone No:

Specialist:

Phone No:

Other conditions:

.....

Allergies: Y / N

EMERGENCY CONTACTS

Contact 1:

Phone No:

Relationship:

Contact 2:

Phone No:

Relationship:

Information Line
1300 761 487



EMERGENCY MEDICAL INFORMATION

CALL 000 FOR AN AMBULANCE if:

- You don't know me
- My seizure lasts for **5 minutes or more**
- I have injured myself during the seizure
- I have one seizure after another without recovering

I have epilepsy

Name:

Address:

.....

Phone No:

DOB: / / Date completed: / /

This is what happens to me during a seizure:

I become confused

I fall to the ground

I lose consciousness

I may injure myself

Other:

My seizures usually last for minutes.

It usually takes me minutes to recover.

During a seizure, help me by:

.....

After a seizure, help me by:

.....

.....