An Epilepsy Smart School (ESS) embeds inclusive, safe and educationally sound practices for primary, secondary and special school students living with epilepsy.

Being an epilepsy smart school is important and relevant for all schools

About 4% of the population will have epilepsy at some stage of their life, 1 in 200 children live with epilepsy. Most diagnoses are in children and older people. Whether your school knows of a student with epilepsy or not, there is a high chance within the school community that epilepsy could be part of the life of parents, staff, grandparents or friends.

An Epilepsy Smart School is one that understands epilepsy and puts in place inclusive practices to support a student with epilepsy to achieve their academic potential and develop positive social relationships. It takes a whole school approach working with the student with epilepsy, other students, teachers, staff, parents and the school community.

Broadly, there are three key goals for schools to achieve:

1. Where school staff are aware of a student with an epilepsy diagnosis, a current Epilepsy Management Plan (EMP) is held. Additionally for those students living with epilepsy who have been prescribed emergency medication, a current Emergency Medication Management Plan (EMMP) is held.
2. School staff understand the possible impact of epilepsy on students, ideally through participating in training. Where a student has an EMMP, all school staff with a duty of care responsibility for that student have received student specific epilepsy training.
3. School staff educate students about epilepsy using resources from the Epilepsy Smart Schools website (with the agreement of the student with epilepsy and their family where appropriate) either through embedding education within curriculum or a school supported awareness raising campaign.

So how can your school become an Epilepsy Smart School?

1. **Epilepsy Management Plans**
   The Epilepsy Foundation can assist families in the development and review of Epilepsy Management Plans and can provide advice to schools on how they can support the plans and implement policies and procedures within their school to ensure inclusive and safe practices for young people living with epilepsy.

2. **Staff understand**
   A variety of training programs are available for teachers, childcare assistants and workers, integration aides and school nurses working across the full range of education settings. These include introductory and advanced training in *Understanding and managing epilepsy* and *Administration of emergency medication* training.
   Participants will learn the possible impact of seizures on students living with epilepsy and how to support the student in the classroom.
   The emergency medication training provides participants with the skills and knowledge required to understand and/or administer emergency medication in the education or community setting.

3. **Educate students, embed in curriculum**
   Epilepsy Smart Resources for teachers

   **“All About Us, All About Others” (Years 1-4)**
   **“Tuning into our Diversity” (Years 5-8)**
   The teacher resource pack includes:
   - Lesson plan
   - Online presentations
   - Accompanying handouts
   - Student postcard
   - Online epilepsy quiz
   - Classroom activities

**Taking it further (Years 1-8)**
- classroom activity worksheet
- PowerPoint templates for students to use

‘What’s Up with Wendy?’ Literacy Kit
*(Age range 8-15 years)*
Text Book: What’s up with Wendy?
Teacher Guide: Understanding the text
Student Activities:
- Design a new cover
- Story map activity
- Build a jigsaw
- Create a mandala poem
- Create a mind map
- Cooperative cloze activity
- Cooperative cloze answer sheet
- Character map graphic organiser
- Character map example sheet
- Creative literacy ideas

Additional activities for years 1-8:
- Language activities
- Thinking activities
- Fun activities

**Peer Educator Program**
The Peer Educator Program provides an opportunity for students from Years 5-12 to be involved in a meaningful partnership with the Epilepsy Foundation to raise awareness and understanding of epilepsy in the community.
The Peer Educator Program can sit within your school curriculum providing valuable leadership skills.

The main goal of our Peer Educator Program is for Peer Educators to learn about epilepsy and the impacts it can have on individuals and their families. Then using our Prezi presentations educate other students about epilepsy. We believe understanding epilepsy enhances the quality of life for those living with epilepsy.

**Purple Day Curriculum Pack**
Purple Day is a great way for your school to get involved in raising awareness of epilepsy. We have developed a curriculum resource pack to help school students raise awareness and promote understanding of epilepsy.
For more ideas on ways to incorporate Purple Day into your school: [www.purpleday.com.au](http://www.purpleday.com.au)